|  |  |
| --- | --- |
|  | **3 LEAGUE RULES*** FIRST POSSESSION WILL BE DETERMINED BY “ROCK, PAPER SCISSORS.” MENS LEAGUE WILL BE A COIN FLIP. REF OVERSEES.
* GAMES ARE 25 MINUTES RUNNING TIME. THERE WILL BE ONE BREAK ADMINISTERED BY THE REF AT 12 MINUTES
* UNLIMITED SUBSTITUTIONS AFTER MADE BASKETS OR DEAD BALLS
* A TEAM MAY PLAY WITH ONLY TWO PLAYERS
* ALL HIGH SCHOOL RULES APPLY
* BOTH FEET AND THE BALL MUST GO OUTSIDE OF THE 3-PT ARC ON A CHANGE OF POSSESSION, STEAL, OR DEFENSIVE REBOUND; **EVEN WITH AN AIR BALL**
* A BALL THAT GOES OUT OF BOUNDS IS CHECKED ANYWHERE BEYOND THE 3-PT ARC
* NO STALLING, THERE WILL BE A REF DISCRETION 30 SECOND SHOT CLOCK. THE REF WILL GIVE A 10 SECOND WARNING
* SCORING: 2 POINTS PER BASKET INSIDE THE ARC AND 3 POINTS BEYOND THE ARC
* COACHES WILL BOTH KEEP SCORE
* FREE THROWS: A FOULED PLAYER **IN THE ACT OF SHOOTING** WILL BE AWARDED 1 FREE THROW. ALL OTHER FOULS WILL RESULT IN A CHECK BALL BEYOND THE ARC. COACHES MUST KEEP TRACK OF TEAM FOULS. 1 FREE THROW WILL BE AWARDED AS FOLLOWS:
	+ 1 POINT FOR A AND-1
	+ 2 POINTS FOR A FOUL INSIDE THE ARC OR BONUS FREE THROW
	+ 3 POINTS FOR A FOUL OUTSIDE THE ARC
	+ PLAYER WILL HAVE 6 SECONDS TO SHOOT A FREE THROW ONCE PLAYERS ARE LINED UP
	+ IF THE OFFENSIVE TEAM STALLS TO SET UP THEY WILL LOSE POSSESSION AND NO FREE THROW AWARDED
	+ IF A DEFENSIVE TEAM IS STALLING TO GET TO LINE THE OFFENSIVE TEAM WILL GET TWO POINTS AND THE BALL BACK (NO FREE THROW)
* BONUS FREE THROWS: AFTER A TEAM HAS 6 FOULS A PLAYER WILL GET ONE FREE THROW WORTH 2 POINTS. THERE IS NO DOUBLE BONUS
* INTENTIONAL FOULS: WILL RESULT IN 2 POINTS PLUS THE BALL
* TECHNICAL FOUL: WORTH 3 POINTS PLUS THE BALL
* TIES WILL BE SETTLED WITH A FREE THROW SHOOTOUT. EACH TEAM RECEIVES THREE OPPORTUNITIES TO SHOOT FREE THROWS (3 DIFFERENT SHOOTERS). THE TEAM THAT MAKES THE MOST OUT OF THE THREE WILL BE DECLARED THE WINNER. IF THERE IS A TIE AFTER THREE SHOTS, ADDITIONAL FREE THROWS WILL BE SHOT ALTERNATIVELY UNTIL ONE TEAM MAKES THE FREE THROW AND THE OTHER TEAM MISSES.
* WINNING TEAM MUST SUBMIT SCORE SHEET TO AN ADMINISTRATOR
 |
|  |  |

